



## Valplast® Removable, Partial Denture

A Valplast® removable, partial denture has been prescribed for you. You may experience a brief adjustment period, especially if you have never worn a dental appliance before. Should you experience any irritation that does not resolve within a couple of days, please call to schedule an adjustment to improve your appliance's fit.

Taking proper care of your Valplast® restoration can extend its life. The following directions will help you keep it clean, looking new, and feeling comfortable:

- 1) Clean your Valplast® appliance regularly. We recommend using the specialty denture cleaner (made specifically for this purpose) we have given to you. Using this cleaner, you will need to dissolve 1 full scoop (using the accompanying spoon) into a small cup (8 oz) warm water. Allow the solution to stand for 3 minutes.  
*\* You can keep the solution for 7-10 days before discarding.*
- 2) Rinse your appliance under running water to remove any loose food particles. If any particles remain, you may *lightly* brush your appliance with a *soft* toothbrush. Do not use toothpaste or harsh toothbrush as they may scratch or dull the surface of the dental appliance.
- 3) Soak your Valplast® appliance in the specialty denture cleaner for 15-30 minutes a day. Or, you can soak it overnight, 3 nights per week. Be sure to rinse the appliance after soaking in the cleaner, before placing it into your mouth.
- 4) Keep your Valplast® partial in water, or in the denture cleaner, whenever it is not being worn to keep the surface hydrated.
- 5) PLEASE DO NOT USE bleach, peroxide, or similar cleaning agents to clean your Valplast® appliance; these chemicals may affect the natural color of the appliance.
- 6) Remember to brush your natural teeth and gums regularly as directed by our office.